

WELCOME

Puget Sound Christian Clinic (PSCC) is a free clinic providing health care to underserved individuals and families in King and Snohomish Counties.

PSCC's mission is to show Christ's love to underserved individuals and families by offering access to quality and compassionate healthcare. Our services include integrated and comprehensive medical, dental and mental health counseling.

Today, more than half a million individuals in Washington State do not have access to health care. We know that having access to direct health care services is essential to the wellbeing and improved quality of life for everyone.

With an established practice and diverse base of staff and volunteers, PSCC is more impassioned than ever to keep making a difference through access to health care. PSCC provides care through each of our services that is intentionally modeled to be holistic and individualized for every patient that walks through our doors. While we meet immediate healthcare needs of each person, our long-term goal is to care for the whole individual, meeting the physical, emotional and spiritual needs of each patient.

On behalf of our Board of Directors, our staff, volunteers and patients we warmly welcome you to PSCC and thank you for taking the time to learn more about us!

We invite you to partner with us on mission and help make a difference in YOUR community.



**Alexandra Hendgen
Executive Director**

OUR STORY

Puget Sound Christian Clinic began in North Seattle in 2003 through the shared vision of a small group of health care providers. After providing medical care overseas, these providers realized there was an urgent need for healthcare **in their local community**, where over 20% of the population did not have access to medical and dental care. In sharing their vision and expressing the desire to open a clinic that would provide quality and compassionate healthcare, it was quickly realized that many wanted to participate in making the clinic become a reality. The clinic was granted its nonprofit 501c3 status and we opened up our first location to patients in October 2003.

The clinic offered **medical, dental and mental health services** out of its small location in North Seattle, growing each year, until it reached capacity in its seventh year of operations.

In 2010, PSCC purchased a **mobile medical clinic (MMC)**, allowing us to expand our reach in medical care by taking it directly to communities with the highest need. Today our MMC provides free medical care in three communities in King and Snohomish Counties – Green Lake, Snohomish, and Lynnwood.

In 2013, our Mental Health Counseling program was able to start a pilot program to grow our model and services. From 2013 – 2016 our program expanded to **servicing three times the number of patients**. As **Washington State is currently 50th in the nation for providing adult mental health services**, PSCC views this as a vital healthcare service to continue.

A few years ago PSCC was presented with the opportunity to **build a new and expanded dental clinic** in Lynnwood, WA. With support from the community and generous donors, our new fully equipped, state-of-the-art, dental clinic **opened up to patients in September of 2016**. With our new space, we will be able to provide several thousands of patients with care instead of only a couple hundred.

SERVICES

The following services are provided on-site by licensed/registered health professionals who volunteer at PSCC. Each year, our volunteers donate over \$500,000 with their in-kind services and make our care possible.

MEDICAL CARE

We offer **preventative and primary care services** through our fixed site in North Seattle and our Mobile Medical Clinic (MMC). Patients can be seen at no cost or for a suggested \$10 donation per appointment.

Our patients have access to full medical exams, resources to obtain low to no cost prescription drugs, laboratory tests, imaging services, intensive nursing case management and referrals to medical specialists if needed.

Additionally, we have expanded in offering several forms of specialty care within PSCC including: **individualized diabetic education, physical therapy, ophthalmology, cardiology, and chiropractic care.**

Our Mobile Medical Clinic operates through community partnerships. While it is equipped with 2 exam rooms, a nursing station and intake area, we still have a need to set up a host site to accommodate a few other clinic necessities.

We have many partners who contribute to the success of our clinic through monetary, in-kind or service donation. Our support comes from Northwest Hospital, Lens Crafters, Project Access Northwest and others.



DENTAL CARE

Dental services are provided at our fixed-site in Lynnwood. Patients are seen on a highly reduced sliding scale fee based on income.

With **five fully equipped operatories**, our patients have access to comprehensive dental exams, x-rays, cleanings, fillings, crowns, root canals and extractions. For major restorative dental work, specialist referrals are available through Seattle Donated Dental Services.

In addition, we offer special **oral surgery** services monthly.

Our dental clinic is supported by many partners as well. This includes Seattle Donated Dental Services, Trosvig Labs and Patterson Dental Group, along with others.



PROFESSIONAL COUNSELING

Mental Health Counseling is offered at both of our fixed sites in Lynnwood and Seattle on a weekly basis. Patients can be seen at no cost or for a suggested \$10 donation per appointment.

Licensed or professional counselors offer individual, couples, or family therapy through a **“private practice” model**. For any patients who request it, prayer and spiritual counseling are also available from our staff and volunteers.

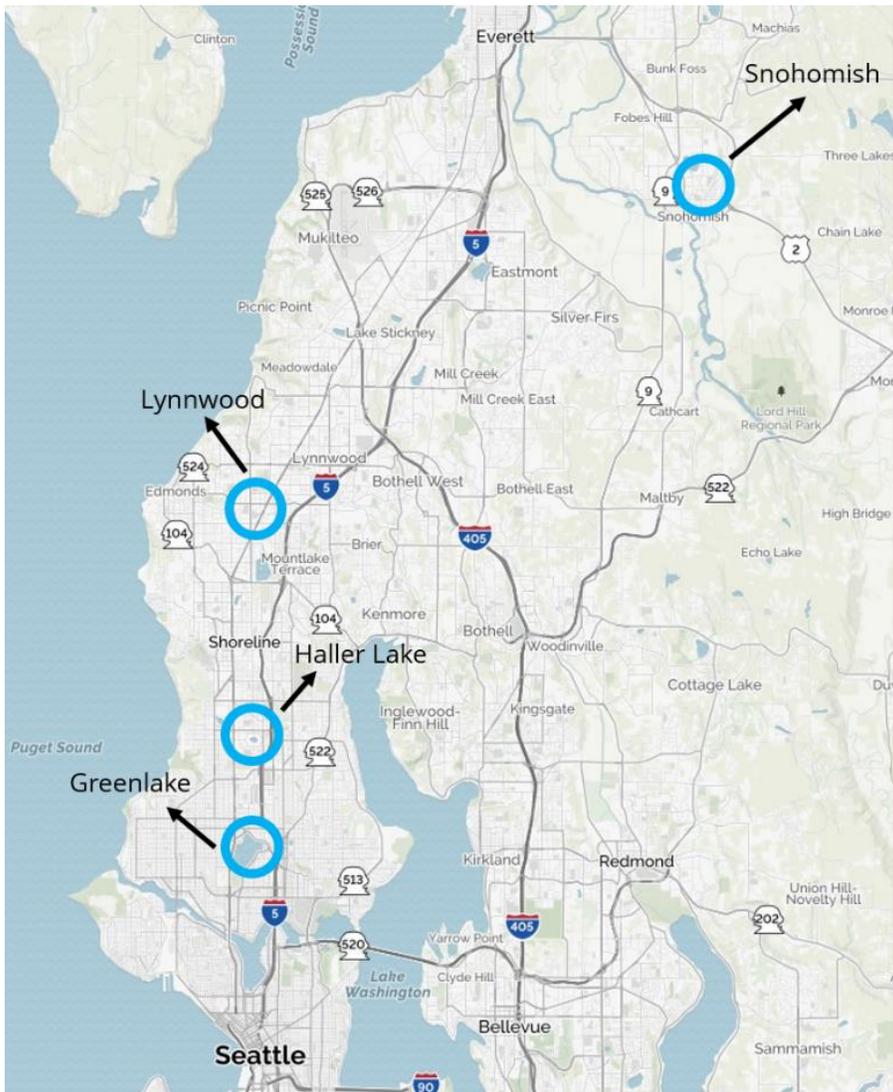


Locations

PSCC has multiple locations including fixed and mobile (MMC) sites.

For scheduling, call:

Medical 206-363-4105 x 230
Dental 206-363-4105 x 701
Counseling 206-363-4105 x 231



Haller Lake

Offers medical and counseling

At North Seattle Church
2152 N 122nd Street
Seattle, WA 98133

Medical: Wednesday: 5pm – 9pm

Friday: 9am – 1pm

Counseling: Tuesday: 9am – 7pm

By Appointment Only

Lynnwood

Offers MMC, dental and counseling

At Community Life Center
19820 Scriber Lake Rd, Suite #2
Lynnwood, WA 98036

MMC: Tuesday: 9am – 1pm

Dental: Monday, Tuesday, Thursday,

Friday: 8:30am – 4pm

Counseling: Wednesday: 1pm – 6pm

Thursday: 12pm – 7pm

By Appointment Only

Snohomish

Offers MMC

Hosted at Crossview Church
604 Avenue C East
Snohomish, WA 98290

1st & 2nd Thursdays: 5pm – 9pm

By Appointment Only

Green Lake

Offers MMC

Hosted at Aurora Commons
8914 Aurora Ave N.
Seattle, WA 98103

1st & 3rd Wednesdays: 10am – 1pm

Walk-In Only