

Lahai Times

The Quarterly Newsletter of Lahai Health

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Share the Care 2021 Nears Campaign Goal

Since the onset of the COVID pandemic in March, 2020, non-profit organizations like Lahai have been finding creative fund-raising strategies to replace in-person banquets such as our annual Vision Gala. This year, like last fall, we pinned our hopes on a campaign called Share the Care — and we're excited to say it's working, thanks to our loving and generous donors! As

Lahai Development Director Tony Bollen put it, "What a joy to experience the outpouring of enthusiasm and care from so many of our donors and friends!"

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Tony Bollen,
Development Director

The centerpiece of Share the Care was a live-streamed telethon-style event on September 28th. In just 49 minutes, from 7:11-8:00pm, we explained how every \$49 gift pays for one medical, dental, or counseling appointment, after community grants. Because of those who gave before and during the webcast, plus our generous sponsors, we're now 95% of the way toward our goal of \$130,000! There's still time to help us cross the finish line — simply visit www.lahai.org/sharethecare. Thank you!

Clinic Spotlight: Alderwood

With the rapidly growing population of Lynnwood, Lahai medical staff began in early 2020 to look for a second area location where our Mobile Medical Clinic (MMC) could serve patients in need. Meanwhile, one of the area's largest churches, Alderwood Community Church, was putting the finishing touches on a 3-story building they had purchased next door to the church, less than half a mile from Alderwood Mall to the north and the Lynnwood Transit Center to the southwest. In September 2020, the newly-opened Alderwood Compassion center became Lahai's newest MMC site.

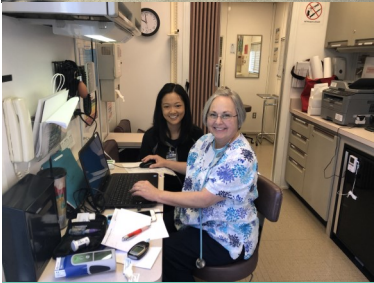
Lahai's clinic on Tuesdays from 4-8pm coincides with the church's food distribution program which draws 150-plus neighboring families. Inside the Compassion Center, Lahai patients have access to a comfortable waiting area and spaces for extra services, depending on provider availability. Lahai and church leaders are discussing additional services such as mental health counseling and dietary classes.

The popularity of the Alderwood site is growing. So far this year, Lahai staff and volunteers have conducted over 270 patient appointments. We're very thankful for the strong partnership with the Alderwood Community Church family!

ATTENTION: LAHAI NEEDS VOLUNTEERS IN ALL LOCATIONS!

Are you seeking ways to help people in need? Lahai relies on more than 350 volunteers, and we'd love to work with you! Besides doctors and nurses, we can always use volunteer specialists: physical therapists, nutritionists, and chiropractors, and more. We also need Spanish interpreters. Locations in North Seattle, Lynnwood, Snohomish, and remotely via telehealth.

For information, please email brandisr@lahai.org or call (206) 899-4754. Thank you!



Every Tuesday from 4-8pm, Lahai's Mobile Medical Clinic sees patients in East Lynnwood at the Alderwood Community Church's Compassion Center



From the Executive Director:

As Lahai Executive Director, one of my great joys is that I get to work with such exceptional men and women. And there's one group, all volunteers, that seldom gets the acknowledgement they deserve. I'm talking about the committed people who make up our Board of Directors.

In my nearly four decades in various jobs — both in the business world and in non-profit organizations like Lahai — I have worked with many Boards and even served on a few, including church Boards. Often the relationship between a Board and the staff who lead the organization is strained: tensions can simmer and misunderstandings arise when the Board and staff fail to trust and believe in each other. Here at Lahai, the women and men on our Board are a joy to work with. They love the Lord and they are fully committed to the ministry of Lahai. I am blessed by their encouragement.

“Our goal for 2022 is to find new ways to grow the ministry of Lahai so that more people will find hope and healing through the love of Christ.”

David Eller, Executive Director

At the same time all of us on staff at Lahai are being challenged in the most positive way to do more. Our goal for 2022 is to find new ways to grow the ministry of Lahai so that more people will find hope and healing through the love of Christ. Exactly what that will look like is not yet clear — but I can assure you that we're working toward that end.

At a recent Board retreat, we had a powerful collective discussion about how best to use the resources given to us to honor the Lord and to serve more people in need. We will explore new ways to help our patients and clients with their spiritual as well as their physical needs. We will look for new partnerships that will hopefully allow Lahai to add a new site for our Mobile Medical Clinic. And we will make an even more concerted effort to be good partners with area churches, including many who will be new to us.

Why do we do this? Is it for our reputation? No. Psalm 115 has the right answer: “Not to us, Lord, not to us, but to your name be the glory, because of your love and faithfulness.” Thanks to our committed Board for challenging us to be ever more faithful — and to each of you whose gifts and prayers fuel the work of Lahai staff and volunteers.



Lahai Counseling is Growing!

We're excited to announce that our Mental Health Counseling ministry is expanding, thanks to a generous grant from the Verdant Health Commission. Joining our Counseling Director Robert Deeble, LHMC (right) will be clinical supervisor Kelsey Law, LHMC.



Together, these two experienced counselors will supervise a total of 8 graduate-level counseling students. The result: the ability to serve many more counseling clients in 2022!

We count on the generous support of friends like you! Please visit Lahai.org and click DONATE.

Join the Lahai Team!

We have several open positions — could one of them be right for you or someone you know?

Email debrah@lahai.org

- Dental Hygienist (PT)
- Nurse Case Manager (FT/PT)
- Medical Office Coordinator (FT)
- Mobile Medical Clinic Driver (PT) (requires CDL)

Lahai serves medical and dental patients in North King and South Snohomish Counties.