

Lahai Times

The Quarterly Newsletter of Lahai Health

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A Busy Year: Lahai Tops All Patient Care Goals for 2021

In every measure of patient and client care, the staff and volunteers of Lahai significantly topped all the goals set for 2021. That's the news as year-end numbers are compiled, according to Executive Director Dave Eller. "I couldn't be prouder, or more grateful," Eller stated. "The team at Lahai really pulled out all the stops for patient care this past year!"

Each year, Lahai leadership sets goals for the number of medical and dental patients and the number of mental health counseling clients we hope to serve. While final 2021 numbers are still being compiled, preliminary results are cause for celebration.

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Dave Eller,
Executive Director

The Lahai dental team conducted over 200 more appointments in 2021 than planned. The medical team exceeded their patient appointment goal by over 300, and our counselors conducted over 2,100 hours of client care, far more than anticipated. Lahai volunteers served roughly 2,500 hours more than expectations. We're thanking God for faithful friends and supporters like you who make it all possible!



Clinic Spotlight: Haller Lake

Almost two decades ago, Lahai Health began serving patients on the shores of Haller Lake inside North Seattle Church. Today our Haller Lake Clinic remains the cornerstone of our medical team, and our busiest location.

The Lahai staff and volunteers presently serve patients twice a week at Haller Lake, on Monday evenings and on Friday mornings. Our medical team was able to serve more than 430 patients in 2021, offering much-needed primary care. Thanks to enthusiastic support from the staff and congregation at North Seattle Church, our Haller Lake Clinic offers a large waiting area plus three exam rooms. This is also the site for our medical staff offices, plus the team that coordinates the work of our cadre of approximately 350 volunteers.

It has long been our hope to enlarge and enhance our Haller Lake Clinic, with the addition of a fourth examination room, a remodeled lobby area, and reconfigured space for our medical staff. We are presently seeking funding for these extensive improvements. Thank you for praying for a favorable outcome, so that our Haller Lake Clinic can serve a growing number of primary care medical patients in the years ahead.

On Mondays from 4-8pm and Fridays from 9a-1p, the Haller Lake Clinic serves Seattle patients. Staff & volunteers at Haller Lake conducted nearly 1,000 primary care patient visits in 2021.

ATTENTION: LAHAI NEEDS VOLUNTEERS IN ALL LOCATIONS!

Are you seeking ways to help people in need? Lahai relies on more than 350 volunteers, and we'd love to work with you! Besides doctors and nurses, we can always use volunteer specialists: physical therapists, nutritionists, and chiropractors, and more. We also need Spanish interpreters. Locations in North Seattle, Lynnwood, Snohomish, and remotely via telehealth.

For information, please email brandisr@lahai.org or call (206) 899-4754. Thank you!



From the Executive Director:

In this issue of the *Lahai Times*, you'll read how our terrific team at Lahai — staff and volunteers — rose to the challenge in 2021 and far exceeded all our goals and projections for patient and client care. Let me make a few observations about this encouraging report.

First, these figures are far more than numbers on a spreadsheet. When we report to you that our medical, dental and counseling teams conducted well over 6,500 patient and client appointments in 2021, I hope you'll remember that every one of those interactions represents an opportunity to show Christ's love to someone in need. Our patients and clients are typically from low-income households, lacking health insurance. I thank the Lord that He allows Lahai to be the hands and feet of Christ in such a vital way. Where else could our patients find the care they need?

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David Eller, Executive Director

The second thing I hope you'll bear in mind is that we're still very much in a prolonged COVID pandemic, which impacts our ministry in profound ways. During 2020, many of our volunteers had to step down from serving. Yet as you'll note, last year our Lahai volunteers actually provided nearly 20% more service hours than we expected!

Our hard-working staff stepped up in similar ways. This tells me that the staff and volunteers of Lahai are dedicated to this ministry to an extraordinary degree— pandemic or no pandemic. Our team — medical, dental, and counseling — is eager to serve.

Finally, all of us are encouraged more than we can say by the remarkable level of support we receive from faithful friends like you. While we're extremely grateful for the support from organizations such as churches, foundations, businesses and hospital districts, the gifts from individuals, couples and families who care about the people we serve are absolutely indispensable. We couldn't do it without your support!

All of us at Lahai Health send you warmest wishes for God's best in 2022.



Love in Any Language at Lahai

It may surprise you to learn that over 70% of our patients were born outside the U.S., and many have limited English-speaking ability. Lahai offers a wide range of translation services in over thirty languages, through volunteers, staff members, and professional firms. At Lahai, language is never an impediment to receiving care.

We count on the generous support of friends like you! Please visit Lahai.org and click DONATE.

Join the Lahai Team!

We have several open positions — could one of them be right for you or someone you know?

Email debrah@lahai.org

- Dental Hygienist (PT)
- Nurse Case Manager (PT)
- Mobile Medical Clinic Driver (PT) (requires CDL)

Lahai serves medical and dental patients in North King and South Snohomish Counties.