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Restoring Hope and Rebuilding Futures

How does someone find themselves without health insurance? The answers vary greatly, but in the case of one mom who found her way to Lahai in April, it all started with a devastating workplace injury. The injury damaged her shoulder, elbow, and wrist to the extent that she could not use her left arm and immediately rendered her unable to work. She lost her income and her workplace health insurance.

As a mom of 5, this injury, and the unbelievable pain that came with it, didn't only take her out of work but also caring for her family and household. Attempting to find help was so discouraging as each medical provider's office asked if she had insurance or if she'd be paying cash. She recalled that she'd often be reduced to tears as she replied 'neither', and went home without care. This went on for four years, and though an L&I claim eventually came through, it was barely enough to cover a few basic needs.

Speaking with her in April brought her to tears for a new reason. "I finally have hope" she said, "You've alleviated so much worry!" Experiencing the compassion of our medical & counseling teams and getting connected to specialty referrals has helped her envision a new, healthier, happier future with her family. "I don't know how you do it, but keep up the good work, there are so many people like me out there who need help!"

Grand Re-Opening of our Mobile Medical Clinic



A ribbon-cutting and dedication ceremonies were held at 4 locations in July as we celebrated a new era of providing services in the Puget Sound. In 2010 we purchased a Mobile Medical Clinic that allowed us to expand our reach by taking care directly to communities with the highest need. After 15 years in service, we began to dream of a new MMC, and a generous donor surprised us with the decision to fund it in full. Now our new MMC is in motion, driving about 53 miles each week to four weekly clinics and bringing hope and health to our community for years to come.





Staff Spotlight: Paige Skalstad

This summer, our staff spotlight features our new Development Coordinator, Paige Skalstad. Paige has a degree in Humanitarian and Disaster Leadership, with a focus on nonprofit management and community studies. Before joining Lahai, she served with the Peace Corps in Morocco and most recently worked for World Relief. Drawing on her deep knowledge of the communities we serve, she is helping lead our grant writing and community partnerships. Recently married, Paige and her husband are settling into their new neighborhood in south Seattle and enjoying finding local shops and restaurants they can reach by bike or on foot.

Summer Challenge

Lahai volunteers bring vital expertise to our patients. At Monday night Haller Lake clinics, cardiologist Dr. Daniels provides specialty appointments for referred patients, using an electrocardiogram (EKG) to help diagnose chest pain and irregular heartbeats. Our current EKG device is nearing the end of its life and must be replaced. Your gift today will help Lahai purchase this essential equipment so patients can receive accurate diagnoses and effective treatment, improving patient care overall.

Visit: lahai.org/lahai-give/